

## ABSTRACT

A communication apparatus and a communication method are provided which offer an enhanced average transmission rate while preventing deterioration of the accuracy of information communication. A transmitting section (100) sends information data and link establish data to a receiving side apparatus not shown. An information data generating section (110) generates information data such as speech data. A link establish data generating section (120) generates link establish data for establishing a link with the receiving side apparatus not shown prior to the transmission of information data. After reception of a receiving response about link establish data, a control section (130) causes the information data generating section (110) to generate information data to be sent over the established link and the transmitting section (100) sends it. When further establishment of a link is needed, the control section (130) causes, before the reception of a receiving response about the preceding information data, the link establish data generating section (120) to generate link establish data for the next information data and the transmitting section (100) sends it.